# THE LOCAL GOVERNMENT POLICY AWARDS CHILDREN • ENVIRONMENT • HEALTH

**2019 SHOWCASE** 



















Images courtesy of: PHAIWA

This work is copyright. Apart from any use as permitted under the Copyright Act 1968, no part may be reproduced by any process without prior written permission from PHAIWA.

To obtain further copies of this publication you can contact the following:

PHAIWA GPO Box U1987 Perth WA 6845 Website: www.phaiwa.org.au Email: phaiwa@curtin.edu.au Phone: (08) 9266 2489

Note the document may be accessed electronically from: www.phaiwa.org.au

© November 2019 Public Health Advocacy Institute WA

#### Acknowledgements

PHAIWA would like to thank The Minister for Local Government; Heritage; Culture and the Arts, Healthway, the WA Local Government Association, the Commissioner for Children and Young People WA, Cancer Council WA and The Alcohol and Drug Foundation for their support and financial contributions towards the development and implementation of the Local Government Policy Awards.

Finally, PHAIWA would like to sincerely thank all Local Government Officers and representatives for their outstanding nominations.



# **CONTENTS**

A NOTE FROM OUR SUPPORTERS	
THE POLICY AWARDS	4
ABOUT THE PUBLIC HEALTH ADVOCACY INSTITUTE WA	4
BACKGROUND TO THE CHILDREN'S ENVIRONMENT AND HEALTH LOCAL GOVERNMENT POLICY AWARDS	4
CATEGORIES	4
WHY A REPORT CARD?	4
NUMBER OF SUBMISSIONS	5
CITY OF SWAN OVERALL WINNER	7
CITY OF BUSSELTON REGIONAL WINNER	8
OVERALL CATEGORY WINNERS	10
ABORIGINAL CHILD HEALTH	13
ACTION ON ALCOHOL	14
CHILD HEALTH AND DEVELOPMENT	15
PLANNING HEALTHY COMMUNITIES	16
SMOKE FREE ENVIRONMENTS	17
SHADE IN PUBLIC PLACES	18
HEALTHY FOOD	19
CHILDREN'S CONSULTATION	20
CLIMATE CHANGE	21
ENVIRONMENTS PROMOTING PHYSICAL ACTIVITY	22
YOUNG PEOPLE MAKING A DIFFERENCE IN COMMUNITIES	23



### A NOTE FROM OUR SUPPORTERS



Local Governments are centrally placed to make a real difference to community well-being throughout Western Australia.

The Local Government Policy Awards are a wonderful opportunity to recognise and acknowledge the work of Local Governments and for Local Government professionals to learn from others on the development and delivery of innovative community development initiatives.

Healthway is proud to work in partnership with the Public Health Advocacy Institute of Western Australia to support the Awards and to strengthen public health efforts that encourage healthy lifestyles for all Western Australians.

#### Susan Hunt PSM Healthway CEO



We're all aware of the positive impact of health initiatives in childhood, serving not only to help individual children in the moment but also to create the foundation from which to extend these positive impacts throughout their lives, and across the community.

Local Government plays an important role in promoting and delivering these initiatives, using evidence-based policy development and planning to create supportive environments that influence the health and wellbeing of communities.

In joining with PHAIWA to showcase Local Government projects through these Awards, we have the opportunity to recognise the amazing influence they can have over the health of children and the resulting benefits enjoyed by the whole community – and I encourage all Local Governments to consider entering relevant projects in 2020.

# **Cr Lynne Craigie** *WALGA President*



Department of Local Government, Sport and Cultural Industries

The Local Government Policy Awards for Children, Environment and Health play an important role in recognising the many ways Local Government can contribute to public health policy outcomes.

I'm delighted that there was a record number of submissions from 41 local governments because that is a sign the Institute's work is striking a chord with communities around Western Australia.

What is also important is that the work of the Public Health Advocacy Institute of WA aims to translate relevant research and project findings to policy makers with the purpose of generating change and action.

When this happens, it makes a positive difference that can lead to healthier and happier communities around WA.

I congratulate everyone involved in the awards for their ideas, initiatives and persistence in making a positive change in their communities.

# **David Templeman MLA** *Minister for Local Government*





All Local Governments have an important role to play in improving the wellbeing of our children and young people. Children and young people make up almost one quarter of our State's total population, so it is vital that they are consulted and considered in planning and services. I support the Local Government Policy Awards as they continue to highlight innovative approaches to include children and young people within their communities.

#### Colin Pettit

Commissioner for Children and Young People





Cancer Council WA is proud of its association with the Local Government Policy Awards, and continues to be excited by the calibre of projects that are nominated each year. Local Governments are at the heart of every community and they are in a unique position to create immediate and sustainable healthy environments for families. By nominating for the awards, Local Governments not only promote their own amazing initiatives but provide opportunities for other Local Governments to learn from them and adapt projects and programs within their own communities. The awards also provide a rare opportunity for recognition of the incredibly hard working Local Governments which work daily to improve the health of our communities.

#### Melissa Ledger

Cancer Prevention and Research Director, Cancer Council WA



The Alcohol and Drug Foundation values the work that Local Governments do in reducing harms from alcohol in their communities. There are so many ways Local Governments can become involved to help people feel connected to their neighbourhood. Initiatives such as family days or cultural festivals supported by effective policy around alcohol management are an example. Local Governments can also work closely with community champions and support local prevention activity that increases the protective factors for young people. Working to reduce harm from alcohol locally deserves to be celebrated and we encourage Local Governments to nominate themselves in the Local Government Policy Awards 2020!

#### Samantha Menezes

Program Quality & Practice Lead – LDAT, Alcohol and Drug Foundation



### THE POLICY AWARDS

# ABOUT THE PUBLIC HEALTH ADVOCACY INSTITUTE WA (PHAIWA)

Since 2008, PHAIWA has worked to influence policy, through the promotion, support and implementation of public health advocacy at local, state, national and international levels. By raising the profile and understanding of public health, particularly in the Local Government sector, it has been possible to develop local networks which can influence public health policy and political agendas.

With a focus on child health, Local Government, environment and health, alcohol, tobacco, obesity and Aboriginal health, PHAIWA seeks to promote and support public health advocacy in Western Australia. The aim of our work being to translate relevant research and project findings to policy makers with the purpose of generating change and action.

# BACKGROUND TO THE CHILDREN'S ENVIRONMENT AND HEALTH POLICY AWARDS

The Local Government Policy Awards were developed to illustrate the important role that Local Governments play in promoting happy and healthy children and young people. Healthy childhood environments have a positive long-term impact, and can influence the future health of children as well as the surrounding community. Young people should have the opportunity to express their views and influence decisions that are made about their community, with the involvement of young people in decision making fundamental to this project.

The Local Government Policy Awards aim to promote positive environmental change and integrate children's environment and health issues and voices within policies and plans in the Local Government sector. The project recognises the strategies that Local Governments are undertaking in order to improve and promote child health. The Minister for Local Government; Heritage; Culture and the Arts, Western Australian Local Government Association (WALGA), Healthway, the Commissioner for Children and Young People Western Australia and the Cancer Council WA are strong supporters of the awards.

#### **CATEGORIES**

Local Governments can apply to show case their policies across 11 different categories. In 2019 we received the following number of submissions across the categories:

- Aboriginal Child Health (5)
- Action on Alcohol (7)
- Children's Consultation (11)
- Child Health and Development (12)
- Climate Change (7)
- Environments Promoting Physical Activity (14)
- Healthy Food (7)
- Planning Healthy Communities for Children (9)
- Shade in Public Places (3)
- Smoke free Environments (5)
- Young People Making a Difference in Communities (15)

#### WHY A REPORT CARD?

A report card is an easy way to illustrate how well a Local Government is doing in relation to developing and implementing policies that promote the health and wellbeing of children and young people. Our report is used to assess policy, evaluate program quality, promote program improvement and inform and advocate for programs in many settings including schools, urban planning and health services.

Applications and supporting documentation are submitted to one of the 11 categories of which they consider their policies are most suitable. The marking and reviewing process utilises information from each submission to assess the strategy against:

- Forward planning how the Local Government planned within each category specifically targeting children in policy development or strategic planning (scored out of 4).
- Proof of implementation how the plans were implemented in the community (scored out of 3).
- Consultation within the community (specifically with children) to determine needs and highlight gaps in services (scored out of 3).

The marking format is similar to that used of academic grading in any report card.

GRADE	SCORE
Α	Excellent
В	Good
С	Satisfactory
NE	No Evidence

#### NUMBER OF SUBMISSIONS

Since the beginning of the project in 2011, 78 Local Governments (51 regional and 27 metropolitan) have submitted their policies to be reviewed by a report card with increasing numbers of Local Governments across the state, motivated to improve the health and wellbeing of young people in their communities.

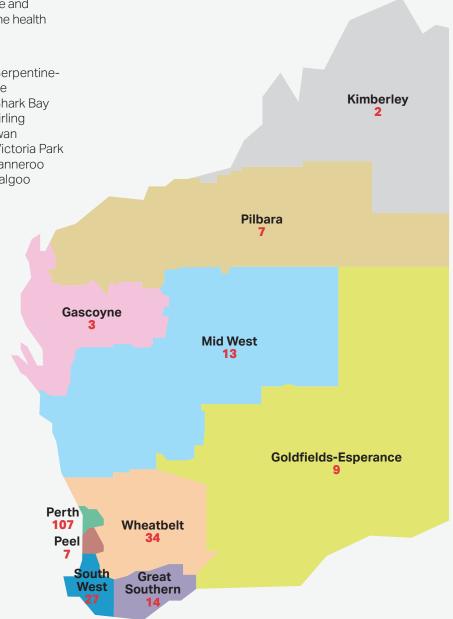
In 2019, 41 Local Governments submitted their work, 17 metropolitan and 24 regional. Since the awards inception there are over 4 times the number of regional Local Governments involved with Metropolitan Local Governments also continuing to put forward work they are undertaking. The number of nominees has steadily increased, which has been helped by a strong partnership with WALGA and the invitation to hold the awards alongside the WALGA Convention at the Perth Convention Centre. Over 150 Mayors, elected members, local government delegates and supporters this year gathered to celebrate and share the incredible and diverse work Local Governments do to prioritise the health and wellbeing of our children.

#### 2019 Nominees:

- City of Albany
- City of Armadale
- Shire of Augusta-Margaret River Shire of Shark Bay
- Town of Bassendean
- City of Bayswater
- Shire of Broome
- City of Busselton
- City of Canning
- Shire of Capel
- Shire of Chittering
- City of Cockburn
- Shire of Collie
- Town of Cottesloe
- Shire of Dardanup
- Shire of Denmark
- Shire of East Pilbara
- City of Fremantle
- City of Gosnells
- City of Greater Geraldton
- City of Kalamunda
- Shire of Katanning
- City of Kwinana
- Shire of Lake Grace
- Shire of Laverton
- City of Mandurah
- City of Melville
- Shire of Menzies
- Shire of Merredin
- Shire of Mundaring
- Shire of Murray
- Shire of Narrogin
- City of Nedlands
- City of Perth
- Town of Port Hedland



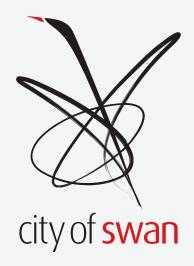
- City of Stirling
- City of Swan
- Town of Victoria Park
- City of Wanneroo
- Shire of Yalgoo



### **CITY OF SWAN OVERALL WINNER**

The Winners' Showcase acknowledges and celebrates the Local Governments who have embraced and included children in their decision making processes and have provided supportive environments for children and young people.

The Showcase presents the details of the strategies for the winning Local Government of each category and demonstrates the innovation within their policies to address the health and wellbeing of children. These positive outcomes of Local Government strategies encourage other Local Governments to integrate children's environment and health into their policies.



The City of Swan has been involved with PHAIWA (Public Health Advocacy Institute of WA) since 2011, receiving commendations in previous submissions. Learning from each year is important in recognising the City's progression and reflecting on changes in health and wellbeing across programs and initiatives. The City entered and excelled in nine out of 11 categories, demonstrating a holistic approach to supporting children's health and wellbeing.

For the 2019 submission, report cards from previous years assisted in identifying what PHAIWA were considering in their evaluation in regards to strategic planning, implementation and consultation. Another useful source was the Local Government Policy Awards Showcase booklet, highlighting why programs and policies were considered to be leading in each category. A challenge during the process was articulating why a program or project was considered 'leading' and not standard work.

Coordinating information for the submission was challenging. We submitted in multiple categories, which touched on most of the City's teams. We are a large organisation with approximately 1,000 staff so this was no small task. We were fortunate to have good support from staff across the organisation to prepare a submission which illustrates our link between overall community wellbeing and the wider impact of our programs and projects.

The City appreciated communication from PHAIWA regarding when the submission was opening. Examples of this included subscription to email newsletters, communication with the showcase coordinator, and a clear opening date for the submission. This year, it was useful having an online submission platform that was easy to follow and input information. The City used a centralised approach, with the Social Planning and Evaluation team being best placed to understand the social inclusion principles and how the City aims to achieve these against child health and wellbeing goals.



To assist teams in contributing to the submission, a background document was prepared and the Social Planning and Evaluation team met with key staff over a number of weeks. The process was made easier by allocating particular categories to each team, as the submission itself can seem overwhelming. This made collecting information easier as the entire team was able to focus on a clear program or project. Even though the submission's purpose is to highlight the success of the City, learning about PHAIWA was also part of the process internally.

Following the criteria provided from PHAIWA, it was clear whether a program or project could fulfil the submission. With multiple options, deciding the most suitable for each category had its challenges. Following PHAIWA's criteria, including no repetitions from previous years, clear consultation focus, and a City wide strategic direction, the submission process was able to be broken down.

The Awards challenge the traditional role of Local Government to look at the bigger picture - that healthy communities are not only more cost effective but they are participating and engaged with good outcomes for children vulnerable to a variety of developmental challenges. The submission overall assisted in showcasing the City's accomplishments in becoming leaders in this space.

The submission also increased awareness across the City regarding the large amount of cross functional programs and projects. With the submission highlighting the benefits of these programs and projects, it is hoped this will positively influence the City's forward planning. Additionally, the success at the awards was widely shared with the community through various forms of media.

Celebrating the great work Local Governments undertake to promote the health and wellbeing of children is a key outcome of the project. Staff involved in the submission were invited to a lunch by one of the City's Executive Managers to celebrate the success, and thank them for their input. Internal acknowledgement of each submitted program or project has been a positive outcome. The report card and submission were also shared following the awards, recognising the teams involved.

City of Swan Mayor Kevin Bailey said it was an honour to accept the four awards, including the overall State Winner of the 2019 Local Government Policy Awards.

"I am proud of the City's achievements and want to acknowledge all of the work our administration does behind to scenes to deliver on our community's vision for a vibrant and healthy community.

"The City is making major contributions through our programs, initiatives and infrastructure projects.

"We are dedicated to fostering community connection – from our careful policy work through to the innovative planning behind the New Junction precinct.

"I am particularly proud of the Planning Healthy Communities for Children award, awarded to the City for our work on New Junction, a project which will transform the heart of our City for future generations."

The City sees the awards as a celebration of what the City values as good practice principles and a great opportunity to share with others.

#### Useful Tips:

- Create a process that works best for your organisation
- Start planning early and flag potential programs and projects early
- Showcase the benefits of the submission to your wider organisation
- Utilise support and feedback from PHAIWA.

### **CITY OF BUSSELTON REGIONAL WINNER**





The City of Busselton has been involved in the Local Government Policy Awards since 2018, winning the Overall Regional award in 2019. Naomi Searle Director of Community and Commercial Services and Naomi Davey Community Development Officer share some tips on how they produced the winning regional application this year.

In 2018 Naomi D submitted an Early Years program and after attending the awards breakfast and seeing the recognition other Local Government's received for their great work, she extended the invitation to other business units to submit in 2019. She decided to set the ambitious goal that the following year the City would aim for the overall Regional Award. "Simply because of the size of our City and the number of great projects we have in the pipeline."

Fellow officers were approached who work with children including the waste, youth and major projects teams to see if they had an appetite to apply. Once other business units were on board Naomi assisted those officers to create their own login and guided them through the submission process. She then followed up to check on their progress and offered further assistance as required.

On reflection she will use the reviewer function next year to keep across all categories entered. Naomi said she could see gathering the information for multiple categories could be an "onerous task". However, she managed this by identifying suitable projects throughout the year, keeping good records and also keeping across what other business units are doing. She sees the awards as an ongoing process throughout the year with planning and organisation essential for success.

Director of Community and Commercial Services Naomi Searle, believes that in 2019 the City was able to look more broadly across the organisation to see what programs and projects were being implemented to match the award categories. "We were able to draw on input from across the organisation and link various elements together to provide a more holistic picture of what had been achieved. Many more elements had been completed and policy work advanced so the story could be told more completely."

She feels that work in this space can always benefit from greater recognition and that a positive outcome of the submission process is the promotion of organisational effort and achievement along with the obvious benefit to the community.

Naomi D continues: "Recognition among other Local Governments is really important and these awards are unique in that they give the opportunity to create a level playing field, unlike others where the City competes against service providers whose sole job it is to deliver programs. The awards also provide a platform for regional councils which is often hard to come by and the opportunity to hear what other local governments are up to."

The CEO's feedback on returning from the awards was that they would definitely be participating the following year inviting all the officers involved to his office to formally thank them for their efforts and to share the event

highlights. The Mayor was also very positive and genuine in giving his thanks to all staff members involved. He shared the award win both in a regional meeting and also briefed Council on the categories and congratulated staff at a council meeting.

Those who attended the awards were very impressed with the calibre of guests at the event, Minister Templeman, so many Local Governments from across Western Australia, Mayors and elected members, WALGA. Healthway...we all came away thinking it was a great audience to recognised in front of!

Naomi feels there is always things going on within the City and she has been with the City long enough to draw on the links in different areas to continue to come up with projects to submit. She also has established relationships with Officers across the City which helped when promoting the project across other business units and feels that it is beneficial for the person coordinating the project to have an in depth knowledge of the organisation. She likens the application process to writing grants, and using that information gathered to submit for a category. She hopes the City will continue to extend to other business units and categories and she is already thinking of potential projects for next year.

Naomi D's advice to new participants is to start planning early and to use the opportunity to build strong

Naomi S adds that the awards are a great team building exercise involving officers across levels and business units and further demonstrates to the community our commitment to child health and well-being. Her advice is to "Think holistically – so many different elements can come together to paint a very broad picture of what's been done to promote the health and wellbeing of young people."

A final word from The City of Busselton's Mayor: "The City of Busselton has always had a strong focus on the health and well-being of families and children and this is reflected in the City's Strategic Community Plan. One of our key goals is to create a community that is welcoming. friendly and healthy. We're also committed to creating spaces and places that create opportunities for people to come together, socialise and exercise. These objectives are underpinned by practical strategies and strong policy developed in consultation with the community and reviewed regularly. We've done very well in these awards and this success is a great reflection on Council's commitment to community well-being and the dedication of City Officers."



### **OVERALL CATEGORY WINNERS**

#### ABORIGINAL CHILD HEALTH

WINNER: **Shire of Laverton**COMMENDABLE: **Shire of Murray** 

#### **ACTION ON ALCOHOL**

JOINT WINNERS: City of Armadale City of Canning City of Gosnells

#### **CHILD HEALTH & DEVELOPMENT**

WINNER: **Shire of Laverton**COMMENDABLE: **Shire of Katanning** 

City of Swan

**City of Greater Geraldton** 

PLANNING HEALTHY COMMUNITIES

#### **SMOKE FREE ENVIRONMENTS**

WINNER: City of Armadale COMMENDABLE: City of Albany

#### **SHADE IN PUBLIC PLACES**

WINNER: City of Perth

#### **HEALTHY FOOD**

**FOR CHILDREN** 

**JOINT WINNERS:** 

WINNER: City of Armadale COMMENDABLE: City of Swan



#### CHILDREN'S CONSULTATION

WINNER: City of Stirling

COMMENDABLE: Shire of Mundaring

#### **CLIMATE CHANGE**

WINNER: City of Bayswater

COMMENDABLE: City of Kwinana

# ENVIRONMENTS PROMOTING PHYSICAL ACTIVITY

WINNER: Town of Bassendean

JOINT COMMENDABLE:

Shire of Lake Grace & Shire of Capel

# YOUNG PEOPLE MAKING A DIFFERENCE IN COMMUNITIES

WINNER: Shire of Augusta-Margaret River

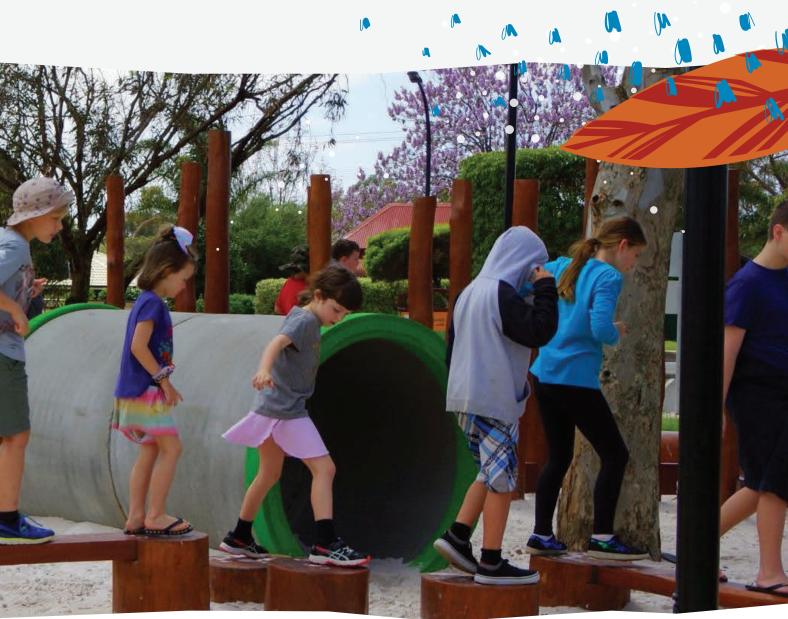
COMMENDABLE: City of Swan

#### **METROPOLITAN WINNER**

City of Swan

#### **REGIONAL WINNER**

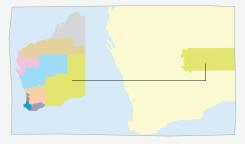
City of Busselton





### **ABORIGINAL CHILD HEALTH**





#### WINNER: Shire of Laverton

Maintaining culture and connection to Country are integral components of health and wellbeing, and Laverton's Youth Services Team provide a structured program of interactive, cultural, creative, educational, challenging and fun activities for children and young people.

As part of this holistic program, Aboriginal young people participated in a range of activities including:

- A Workshop by B2M, a seven piece band from the Tiwi Islands, celebrating culture, sharing music, stories, and thinking about 'Respect' in relation to each other, family and community.
- Fortnightly Kungka (Girls)/Minarli (Boys) nights with the Crisis Centre and School, to deliver gender and culturally specific social skills sessions.
- An Early Intervention Mentoring program, providing invaluable support to those disadvantaged and more vulnerable young people, incorporating cultural ideologies.

The Shire has committed to supporting and embedding *Keeping Language Alive* within sessions to help retain heritage, culture and a strong sense of identity.



The production of informative booklets, including *Our Bush Food Stories*, help share the local areas culture and language. Focusing on literacy, children took photos and learnt how to write, edit and create their 'yarns' in the main local Aboriginal language, Wangkatja.





# COMMENDABLE: Shire of Murray

The Shire of Murray developed the Completing the Circle project to address the health and wellbeing of young Aboriginal people living in the region, having recognised that a 'Westernised' policy was not the solution to the high mental health concerns and rates of Aboriginal suicide in the area.

The multi-faceted project first focused on establishing relationships with the community and forming the Bindjareb Reference Group (BRG), which includes representatives from eight key families and five elected youth representatives. Activities included Mooditi Wirrin Back to Country Camp, to connect young people to culture and gain knowledge from Elders; Nightfields and Nighthoops, night sporting programs to unite the community and promote healthy lifestyles, and the Waabin Cross Cultural event, an exchange of food, dance and song held in partnership with the Bindjareb and Maori and Pacific Island Community.

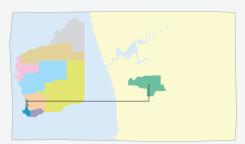
The second part of the project aimed to enhance and better integrate health services and included the development of the Murray Community Support Hub, offering free support services to the community. A culturally sensitive drug and alcohol video produced in partnership with a local school, containing health messages coming directly from Aunts and Uncles,



was coupled with a Sensory Healing program to encourage healing through experience, such as tribal meditation, didgeridoo workshops, language workshops and traditional basket weaving. An Amazing Race Pinjarra linked young people to services in a fun and interactive manner, and significant partnerships and networks were developed to respond to sudden loss in the community and to raise suicide awareness.

### **ACTION ON ALCOHOL**











CITY OF GOSNELLS

Gosnells identified a range of policies and strategies to reduce alcoholrelated harm, including: promotion of alcohol-free community events, support of alcohol harm reduction programs in local schools and sporting clubs, support for alcohol research in their local area and legislation enforcement. The development of the ACG AAP came from the recognition that despite the efforts of each of the councils and stakeholder organisations, alcoholrelated harm continued to be of

significant concern.

The ACG AAP is the first of its kind in the State to tackle alcohol-related harm across three metropolitan Local Government areas (LGA's), and sets the agenda for action with the aim of reducing alcohol-related harm in the Cities of Armadale, Canning and Gosnells. The ACG AAP recognises the work of key organisations and promotes a partnership approach to addressing alcohol-related harm. The engagement of three Local Governments facilitates ideas sharing, providing a means for coordinated and collaborative activities across agencies and communities.

### JOINT WINNERS: City of Armadale, City of Canning, City of Gosnells

The Armadale, Canning, Gosnells Alcohol Action Plan (ACG AAP) was produced in 2019 after a significant process of consultation, workshopping and development. Key stakeholders met in 2017 and agreed that a coordinated approach to reducing the negative impacts of high alcohol use in the community was needed. The Cities of Armadale, Canning and

# Cities of Armadale, Canning and Gosnells

# ALCOHOL ACTION PLAN 2019 - 2022



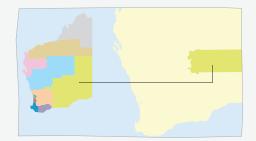






## **CHILD HEALTH AND DEVELOPMENT**





#### WINNER: Shire of Laverton

The Pallet Project was developed in response to overcrowded housing in the area, a result of the transient nature of the community and a number of visitors from Kalgoorlie and 'the Lands'. Limited space left many children in the area with no place to store their precious personal possessions. To address this, the Pallet Project began repurposing pallets to make small pieces of furniture, the project being designed to enhance social and developmental behaviours, social inclusion and to link practical applications to everyday life.



Youth Services collaborated with the Men's Shed and the Laverton and Leonora Cross Cultural Association, who provided tools and a safe working environment at the Youth Centre where the pallets could be prepared for construction. The project's success has

lead to further community workshops, in which young people can share their new skills and teach their families and the community how to make different pieces of furniture. Future pallet builds will seek to address the shortage of beds in many homes.





# COMMENDABLE: Shire of Katanning

Children's programs at the Katanning Public Library launched in July 2018. A new Library Officer was appointed to restructure programs so they better met the needs of Katanning families, specifically focusing on improving services for children aged 0-11. The goals of the restructure were to build positive relationships between the library and the community, reinvigorate the role of libraries and books in the eyes of children, and to create a welcoming atmosphere for all members of the diverse community.

The needs of young people were recognised through informal and interactive workshops, online and face to face surveys, school visits and social media. The Shire focused on extensive consultation, and took significant time to make the library a more relevant and inclusive community space with programs suitable for all age levels.



### PLANNING HEALTHY COMMUNITIES







An audit of the City of Geraldton's playgrounds resulted in the removal of approximately 20% of the existing playground equipment in public open spaces, which had either reached endof-life, or was found to be non-compliant.

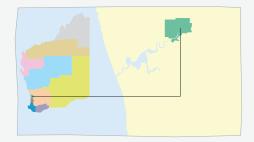
When year five students, from Geraldton Primary School sent letters to the council asking when playground equipment



was going to be replaced, the City saw this as an opportunity to work with the community and children to design useable playgrounds. A *Playground Reference Group* was established to assist the City in the selection of playground equipment for six of its parks. The reference group consisted of 50% of children in year five, their parents and teachers, and ensured the children were involved in the journey

from no park to new park, helping them to understand why the equipment had to be removed. Based on the playground equipment criteria established by the group, City officers prepared several design options for each park, with the reference group empowered to make the final decision on the design to be installed. As a result, all six parks have been renewed with a community-chosen design.





#### JOINT WINNERS: City of Swan

In acknowledgment of forecast population growth, and in response to the growing needs of the community, the City of Swan has worked to recognise the impact urban planning and the built environment has on the community, young people and their families.

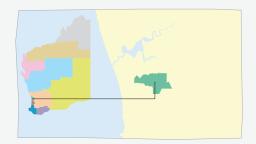
As part of the City's New Junction
Precinct, Midland Park, located close to
the Swan and Helena Rivers and adjacent
to Midland gate Shopping Centre, has
been designed to enhance greater
connection with the Midland centre.
Midland Park will incorporate mural walls
designed by the community; a youth
space which combines an inner city
design with graffiti art work; a turf oval;
the reintroduction of native species and
artwork depicting the historic landscape
of Midland, all of which will help to create
an iconic identity for the community.

Extensive consultation with young people revealed the community valued a vibrant space, a sense of belonging, accessibility and safety. In the planning of Midland Park, a number of healthy active design principles were considered to help create a suite of multi-functional facilities suitable for both young people and families, achieving the needs identified by the community.



### **SMOKE FREE ENVIRONMENTS**





#### WINNER: City of Armadale

The City of Armadale has committed to reducing the harms from smoking, and is a strong advocate for smoke-free environments, adopting a range of initiatives designed to raise awareness and promote the benefits of smoke-free areas.

Armadale Central shopping centre, supported by East Metropolitan Public Health Unit, participated in a *Smoke-free* project which incorporated smoke-free

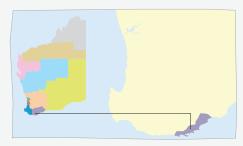


signage, butt bins, educational materials for centre staff and businesses and smoke-free door with window decals installed at five of the centres entrances.

The City partnered with a local primary school, and asked the 106 year six students to produce smoke-free art that would be displayed at Armadale Central for World Tobacco Free Day.

During a session with the Australian Council on Smoking and Health (ACOSH) the students were provided with information on the harms of smoking, and then workshopped ideas for posters, comic strips and multimedia which centred on the core themes of environment and health impacts. The winning art was then turned into posters to be displayed throughout the shopping centre, and pavement stickers placed on footpaths leading to the school.





# COMMENDABLE: City of Albany

In 2016, the City of Albany and the WA Country Health Service Great Southern, developed a partnership project to build on and create policies and processes within the City that would enable a 'health in all' approach to the planning and delivery of City services and operations. The City of Albany Smoke-free Outdoors Policy was developed in partnership with the City recreation services team and sporting clubs, to protect the community, and in particular children, young people and families, from the harmful effects of secondhand smoke in the outdoor areas of specified City owned and managed public facilities.

Implementation of the policy commenced with the Centennial Park Sporting Precinct, and included signage, resources and an awareness campaign supported by Healthway. The City's work aimed to strengthen the policy around

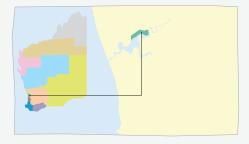


the harms caused by second-hand smoke, reduce rates of smoking and the social acceptability of smoking, as well as minimising children's exposure to role-modelling of smoking.

### **SHADE IN PUBLIC PLACES**



City of Perth



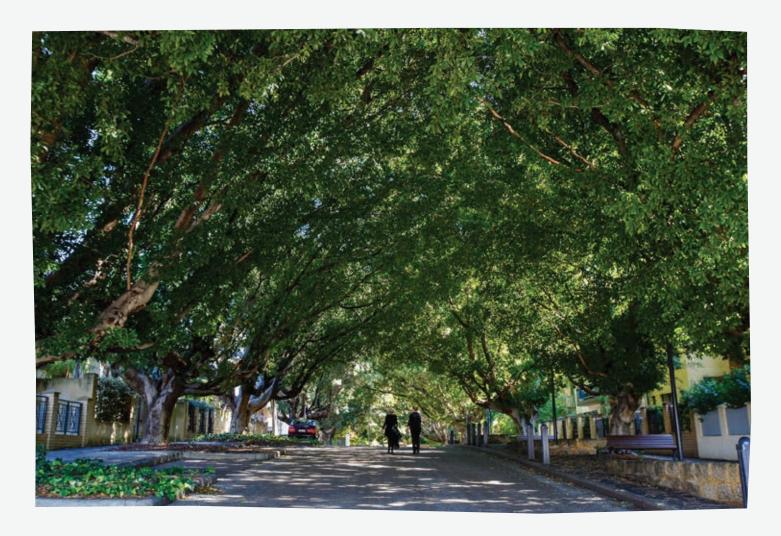
#### WINNER: City of Perth

The City of Perth's *Urban Forest Plan* (*UFP*) maximises design potential with regard to liveability, community health and well-being, and adaptation to

climate change, including the provision of shade and urban cooling to city streets and spaces.

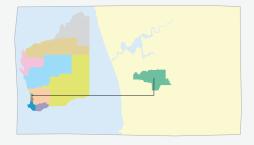
The UFP recognises the critical role that urban trees play in helping to shade and cool streets and public spaces, and reduce sun and heat-related illnesses. One of the UFP's goals is to increase the level of canopy cover within the public realm from 19 percent to 30 percent over a 30-year period. The City's Infill Street Tree Planting program is an important component of reaching this goal.

Planting plans continue to be rolled out on an incremental basis across each neighbourhood, with the City taking a creative approach to engaging the community in the project. Colourful tree tags on Forest Place trees highlight the benefits of urban trees, and help to inform the community about how they can have a say in the development of the plan. Seed sticks and seeded postcards have been delivered to cafes and restaurants, detailing the plan and how the community can become involved in the consultation process. Forest Place was also yarn-bombed, using a design that reflected the impact of changing seasons on urban trees, this was one of a number of innovative ways the *Infill Street Tree program* was promoted across the City.



### **HEALTHY FOOD**





#### WINNER: City of Armadale

Food security is a significant issue in The City of Armadale with community workshops revealing that many residents do not have access to fresh and healthy food or enough food for every meal.

The Champion Centre has embarked on a range of projects and programs to promote healthy food choices, reduce the issue of food stress, improve food literacy skills, and access knowledge of fresh healthy food in the Aboriginal community.

Healthy food and nutrition are embedded in all programs run through the centre, with a kitchen garden established by the afterschool group. and literacy programs including a focus on traditional Noongar food and culture. The Mums and Bubs group make baby food on site in a supported setting to gain both skill and confidence in preparing nutritional food, also taking home a box of fresh produce for their family. In response to a need from the community, the Centre partnered with Coles and Aldi to continue the school breakfast program and also supply fruit and vegetable hampers for parents and carers to prepare school lunches for



their children. In 2019 a partnership was formed with FoodBank and Centrelink to pilot a mobile shop offering a \$10 essentials food box.

School attendance for children in the community improved significantly as a result of these programs, effecting not only their nutritional health but also significantly improving their opportunity to learn and develop.





#### COMMENDABLE: City of Swan

The City of Swan places great importance on encouraging and promoting food that is healthy and safe within the community, as a means of reaching and sustaining overall health and wellbeing outcomes.

The City Youth Development team collaborated with Swan Active to deliver a food-based initiative, the *Hangry Prevention Program* to encourage positive social and prosocial behaviours in young people accessing the free

school holiday programs at Swan Active Midland over the Christmas break. The program was designed to increase parental supervision, responsibility and engagement with Leisure Centre staff, and improve relationships with staff and young people.

To combat negative behaviours caused by being 'hangry', each young person received a canteen voucher for a heathy sandwich, drink and a piece of fruit alongside their school holiday activities, enabling them to understand the importance of physical activity and healthy eating. In addition, if a young person displayed positive behaviours during their visit, they would be rewarded with another food voucher which they could use during their next visit.

Providing a free coffee also encouraged parents to attend with their children, offering the opportunity for Swan Active staff to discuss some of the healthy food options and activities available for the whole family at Swan Active Midland.



### CHILDREN'S CONSULTATION





#### WINNER: City of Stirling

The City of Stirling's young people represent 17% of the City's population, with neighbourhoods characterised by

a high degree of socio-economic and cultural diversity. In response to the gaps in youth services *The Youth Framework* was developed to ensure young people are supported in making a meaningful contribution to the community, also helping play a key role in shaping the community's development.

The City of Stirling undertook significant consultation with over 350 children and young people aged 10-24 years who live, work, go to school, or hang out in the City of Stirling. The consultation was designed to understand the needs of young people in the City and their vision in delivering the four key focus areas of the Youth Framework – Engagement, Information and Support; Leadership and Participation; Youth Friendly Community; Inclusion and Diversity. The feedback



received impacts the Youth Framework Implementation Plan, and the ongoing service delivery of the City's Youth Development Team and youth initiatives.





# COMMENDABLE: Shire of Mundaring

The Shire of Mundaring's Youth Informing Strategy 2017-2022 reflects their ongoing commitment to young people living and working in the local community. The strategy encourages a collaborative approach, working in partnership with local schools and other service providers to identify the needs of young people.

Young people were invited to attend an informal get together, the *Lake Lesh Sesh*, to talk about issues impacting young people, while enjoying team bonding activities and finding out more about the benefits of joining a *Youth Advisory Group (YAG)*. The Shire



recruited a group of 15 passionate and dedicated young people to the advisory group, all representing a broad crosssection of suburbs throughout the area.

To instil a sense of empowerment, the members created their own branding, which included an official name and logo - The Youth C.R.E.W. (Communicate, Represent, Engagement and Wonder), a name which best represents the group's

core values and what they hope to achieve.

Significantly, the Shire's youngest serving Elected Member, 20 year-old Jason Russell, is the designated Council representative. Regularly attending meetings, Councillor Russell ensures he is available to YAG members should they need support or advice on a particular topic.

### **CLIMATE CHANGE**





#### WINNER: City of Bayswater

After 10 years of successfully hosting an annual Catchment Activity Day, with over 150 local primary schools gaining valuable knowledge about their local environment and climate change, the annual event transitioned into an

opportunity to facilitate action as well as sharing knowledge. The Green Lab at the Lightning swamp in Noranda used the brief 'How can we increase the urban canopy in the Perth metropolitan area?' to encourage children to generate new ideas about how to address modern day sustainability challenges. Support to implement their plan was also provided, taking children from a place of understanding to a place of action against climate change.

Over 140 primary school children participated in art, poetry and science workshops, including: fall in love with a wetland poetry; using art to share your passion for trees; Know your Patch - Gathering data on local flora and fauna; Drones and Botts – programing a drone to map the trees; and Kids Speak - speaking up for what kids care about.



At the end of the workshop students had the opportunity to 'Pitch for the Planet', presenting their ideas and their plan for the future, ensuring that when they finished the workshop they were ready and able to turn their Green Lab project into reality.





# COMMENDABLE: City of Kwinana

Beyond The Plastic was a City wide initiative in partnership with the community and the City of Kwinana, to increase community awareness and understanding of waste management practices and climate change issues. The projects included the public screening of the documentary 'Plastic Ocean' at Ken Jackman Hall in Kwinana;

a Beach Clean Up Day at Kwinana beach; a Waste & Recycling themed Story Time at the Kwinana Library; and community workshops to learn how to upcycle plastic bottles into functional, everyday items.

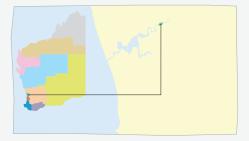
The workshops were designed to critically engage students years four to six with the concept of plastic waste, and its impact on marine environments. The workshops culminated with the creation and exhibition of a plethora of wonderful marine creatures and organisms, created solely from recycled materials collected by the school community.

The City also partnered with a Local Government climate change initiative – Cites Power Partnership, committing to a number of programs, including Work Together to Influence, to implement education and behaviour change programs that actively engage local residents' in issues related to climate change.



### **ENVIRONMENTS PROMOTING PHYSICAL ACTIVITY**





WINNER: Town of Bassendean

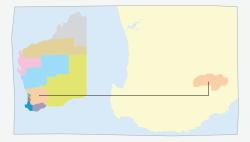
The Town of Bassendean Play Spaces Implementation Plan, was designed to provide guidance for the provision of play spaces and their associated infrastructure in public open space within the Town of Bassendean.

Community consultation highlighted that the existing play equipment at Mary Crescent Playground was an under-utilised, unattractive space, with the play equipment past its useful life and in need of replacement. Eden Hill Primary School were involved in the design process through their art classes. Students were asked to design their perfect playground, with younger



children drawing their favourite play equipment items. The result is a nature based playground the whole community takes pride it.





JOINT COMMENDABLE: Shire of Lake Grace

The Newdegate Active Precinct
Committee was established in February
2016, in partnership with the Shire.
The concept was championed to
encourage participation and social
interaction amongst the young people,
whilst creating a suitable space for
families and visitors to enjoy Newdegate.
The planning for this project was
comprehensive, with strong consultation
with children and young people to help
shape the design of the park.

Newdegate Skate Park is an all-age and multi-ability play space, which includes play and skate elements to suit a range of different age and skill levels, providing an exciting and inclusive place for physical activity outside of traditional



team sports. The play space symbolises the strength of the Newdegate community and the partnership between all the community groups that funded the project.





# JOINT COMMENDABLE: **Shire of Capel**

The Shire of Capel has created a Civic precinct with the goal of enabling all

members of the community to use the space for recreation, physical exercise, socialising, entertainment and play. The Precinct, developed through extensive consultation with children and the community, contains a nature play area, skate park, BMX area, half-court basketball court, outdoor table tennis, and an amphitheatre offering children a place to be social, play creatively, explore and be active.

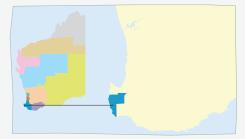
One of the rubbish bins at the precinct displays images of 20 hand drawn pictures done by year five students from the local Capel Primary School, using the theme of 'playing outdoors' to promote a sense of connectedness to the space. A Skate-able link, 161 metres in length, was installed to join with the



original skate ramps that have murals painted on them by young people. The Shire of Capel conducts regular Skating clinics at the Skate Park to promote physical activity, safety and skills.

# YOUNG PEOPLE MAKING A DIFFERENCE IN COMMUNITIES





# WINNER: Shire of Augusta Margaret River

The Shire of Augusta Margaret River (SAMR) employs a Youth Community Development Trainee on a 12 month traineeship to deliver the SAMR Strengthening Youth Plan. The Traineeship takes place each year,

and is available to a local year 12 leaver who plans to enter University on completion of the traineeship. As part of the traineeship the *Community Development Trainee* also completes a Certificate in a related field, such as Community Development or Business Administration.

Each year the Community Development Trainee implements specific key initiatives identified within the *Strengthening Youth Plan*, a selection of those are outlined below:

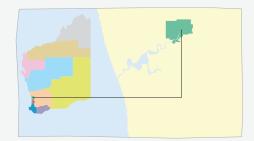
- Margaret River Skate Art Music Festival (MR SAM).
- Youth Leaders Camp coordinating a youth camp for 12-16 yearold emerging leaders to develop interpersonal, communication and leadership skills over three challenging days.



- · National Youth Week.
- · Local Drug Action Group (LDAG).
- Youth Affairs Council (YAC).

Over the past 16 years, the *Community Development Trainees* have gone on to have highly regarded roles both locally and internationally, including the inaugural trainee now becoming an elected member of the SAMR Council.





# COMMENDABLE: City of Swan

The City of Swan has developed and adopted the *Youth Strategy* to ensure safe, healthy, happy and resilient communities providing opportunies for young people to learn, work and engage with the wider community. The Strategy guides the provision of services and infrastructure, enabling young people to access key facilities that can encourage positive roles for young people.

The City has recognised its young people as leaders within the community, with Youth Development



Officers supporting young people by encouraging their unique talents and strengths, and delivering a range of programs including:

- An invitation from Jessica Shaw MLA to attend and participate in a State Government Community Cabinet.
- A Youth Café Take Over an opportunity for young people to take over a local café in the promotion of R U OK Day. Undertaking barista training
- and developing other skills which can help to create future employment prospects, young people were able to discuss mental health issues in a positive space.
- Skate Park Re-Painting young people undertook a series of design workshops to develop the skills needed to help them re-paint the skate parks hard surfaces and associated equipment.



If your Local Government area would like the opportunity to be involved and acknowledged as a leader in Local Government strategy, planning and development, please contact PHAIWA on **9266 2489** or email **lg-reportcard@curtin.edu.au** 

We encourage and invite all Western Australian Local Government areas to participate.



