Improving nutrition for all Western Australian children

Advocate for:

1. All Western Australians living and working in regional and remote communities to have equitable access to safe, affordable, nutritious and healthy food and drink.

2. All settings controlled or managed by State and Local Governments in Western Australia to be free from the supply, sale, advertising and promotion of unhealthy food and drink.

3. All Western Australian families to be adequately supported to address the nutritional needs of their children from conception to two years of age.

4. Every public, private and independent school in Western Australia to comply with the Healthy Food and Drink Policy.

5. State-wide policy to be developed for every childcare centre, kindergarten, school and youth centre in Western Australia to ensure they provide an accredited healthy food environment that ensures every child in their setting has equitable access to healthy food every day.

6. A whole-of-government approach to ensure every Western Australian child is protected from any exposure to the marketing and promotion of unhealthy food and drink on traditional and non-traditional media platforms, including online.

7. An integrated State and Local Government Planning and Regulation System that makes health and wellbeing an enforceable and explicit requirement within the planning system, including mandatory Health Impact Assessments.

8. A state-wide strategy and implementation plan to halt obesity in Western Australia.

9. All children, at all times, to have physical, social and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life.

10. Adequate and recurrent funding for the implementation of existing evidence-based, well-evaluated and effective child nutrition programs such as the Healthy Schools Project and School Breakfast Program in every public and independent school in Western Australia that demonstrates a need for the program.